

Yoga by Candlelight

with Melanie Wassman

Come enjoy yoga by the warm glow of candlelight!

Friday Night, 7:00pm - 8:15pm

June 23rd

This month music will feature:
Chris Cornell



Set to groovy music, this vinyasa flow class allows the student to go within and connect with body, mind, and spirit. This class will guide you away from the tensions of the day while remaining physically challenging and spiritually motivating.

Drop-in: \$17.00 or use your class series or membership



1830 Oceanside Blvd. Oceanside, CA 92054

www.YogaOceanside.com

760.722.YOGA (9642)